

A Newsletter for the Members of the Iowa Chapter

Summer 2017



Ryan Dowden, MD, FACEP, President

[Margo Grimm, RN](#), Executive Director

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From the President Ryan Dowden, MD, FACEP

I hope all of you took some needed rest and relaxation this summer. It has been a busy summer in our Emergency Departments as the volumes and demands for our services continue to increase. At the recent Iowa ACEP Board meeting, we addressed many issues that impact our practices. In this newsletter, I will highlight what has been happening:

Boarding of psychiatric / mental health patients in the ED's is reaching a crisis. Your Iowa ACEP Board will be working with the Iowa Hospital Association, the Iowa Medical Society and our State and Federal Legislators to address solutions. We would appreciate hearing of any issues you have had that we can share with our legislators.

The Board accepted the resignation of Julie Koch-Hoth as Co-Executive Director of Iowa ACEP, with regret, after 15 years of service. Margo Grimm will continue as Executive Director. Iowa ACEP has 4 Council seats at the upcoming October 27 & 28 ACEP Council meeting in Washington DC. Our Councillors are Drs. Andy Nugent, Ryan Dowden, Rachael Sokol and Chris Buresh. If you are attending ACEP17, please stop by the Council meeting to observe the happenings.

Iowa ACEP co-sponsored a resolution on "Paternity Leave" for the Council meeting.

Iowa ACEP member Dr. Hans House is currently serving his second term on the National ACEP Board of Directors. We wish Hans the very best as he is running for President-Elect of ACEP at the October Council meeting.

Iowa ACEP will support medical students interested in emergency medicine at DMU and UICCM with a \$500 donation to each emergency medicine club. We also encourage our members to support the emergency medicine clubs by speaking at their meetings, allowing medical students to observe in the ED's, and serving as a mentor.

Established the Iowa ACEP budget for this year and discussed the current dues structure.

Iowa ACEP members are asked to reach out to new emergency physicians in your practice and those who are not ACEP members, to encourage them to join ACEP.

Received a report from the "Iowa Harm Reduction Coalition" concerning Naloxone distribution in Linn and Johnson counties. There have been 8 confirmed reversals so far. This group is also discussing a syringe exchange program. Let us know if you would like more information on these programs.

ACEP members are encouraged to speak to your legislators about the issues we face and invite them to visit your ED. There are many resources available from ACEP to assist you in these meetings. I am scheduling a meeting with Representative Rod Blum very soon.

Discussion of access to care is my primary goal. I will also address the need for additional inpatient beds for mental health and psychiatric patients.

Thank you for your ongoing support of Iowa ACEP. Together we are stronger.

Ryan

Iowa ACEP Annual Meeting – June 21, 2017 – Exile Brewing Company, Des Moines

The Iowa ACEP Annual Meeting was held on Wednesday, June 21, 2017, at Exile Brewing Company in Des Moines. Iowa ACEP members and guests enjoyed socializing and the food

and beverages available.

Stephen Anderson, MD, FACEP, ACEP Board member from Washington State, was our featured speaker, addressing “An Advocacy Journey from Flawed Public Policy to a Win-Win Program: Solutions from Super-Utilizers to Coordinating Care”. Iowa ACEP acknowledged the financial assistance towards our meeting expenses from Collective Medical Technologies.

At the annual business meeting, the following reports were received:

Iowa ACEP treasurer report - within budget for this fiscal year. Dues revenue is lower than last year.

Dr. Dowden on the activities of Iowa ACEP

Dr. Hans House on ACEP Board update

Drs. Nugent and Dowden on the 2016 Council meeting

Julie & Margo on ACEP Reimbursement committee activities

Dr. Hoper on the Legislative & Advocacy conference

Dr. Hemann on TSAC requirement changes for Trauma Designation

Membership – currently have 186 physician members and 151 medical student members, for total of 337 members. Discussion of recruiting activities.

The following two (2) year positions on the Iowa ACEP Board of Directors were elected:

Secretary – Hijinio Carreon, DO, FACEP

Treasurer – Stacey Marlow, MD, JD

Director-at-Large – Jackie Kitchen, MD

Elected Councillor - Christopher Buresh, MD, FACEP

Theodore Koerner, MD, FACEP of Iowa City, Iowa ACEP member and former Iowa ACEP Board member, was acknowledged as the recipient of the first Iowa ACEP Distinguished Service Award for his generous support of medical student membership in ACEP. Congratulations to Dr. Koerner.

It was announced that Dr. Hans House has been nominated as President-Elect of ACEP. Election will be held at the ACEP Council Meeting, October 27-28 in Washington D.C. Best wishes to Dr. House!



ACEP17 October 29 – November 1, 2017 in Washington DC

Iowa ACEP will once again host a reception during ACEP17 in Washington DC. The reception will be held on Sunday evening, October 29, from 5:30 – 7:30 pm, at the Marriott Marquis Washington DC. If you are attending ACEP17, you and a guest are invited to stop by and meet with Iowa ACEP colleagues.

Iowa ACEP Co-Sponsors Parental Leave Resolution – by Sarah Hoper, MD, JD

Paid paternity leave is linked to better health for parents and babies. A 2014 study showed that women who received 12 weeks or more of paid maternity leave had lower rates of post-partum depression. The Centers for Disease Control and Prevention reports that women with 12 weeks of paid leave are more likely to breastfeed for six months. Paid maternity leave is also linked to a lower infant mortality rate.

Fathers that take paternity leave have higher satisfaction with parenting and increased engagement in caring for their children. Children with engaged fathers have fewer behavioral problems and better mental health outcomes. Also, longer paternity leaves and increased time spent with fathers caring for very young children is associated with higher cognitive test scores.

In light of these facts, I believe ACEP should take a stand in support of paid parental leave. I also believe ACEP needs to provide information on how different types of groups (contractors, democratic, employers, etc) can provide paid paternity leave as a benefit if they choose to. Which is why I authored a council resolution for ACEP17 on paid paternity leave. I hope the resolution will start the discussion about paid paternity leave in groups around the country.

A Report from the Iowa Harm Reduction Coalition

Chris Buresh, MD, MPH, FAAP, FACEP

Medical Director, Iowa Harm Reduction Coalition

The Iowa Harm Reduction Coalition is a 501 (C)3 not-for-profit that was started to improve health equity in Iowa communities, specifically amongst the population of people who use drugs. We work to mitigate the harm of drug use through compassionate, nonjudgmental community service. This is done through mobile outreach, advocacy, and education. The goal is to see Iowans who are impacted by drug use empowered to care for themselves and one another.

Harm reduction is a set of strategies that meets drug users where they are. It uses a variety of strategies to engage people anywhere on the spectrum of drug use from chronic daily use, considering quitting, brief remission, or sustained abstinence. Drug use is a complex multi-faceted phenomenon that requires a flexible and unique response to meet a variety of needs that this population has.

Much of what the IHRC does is to hand out naloxone injection kits for free to people who use or care about someone who does. In the vast majority of fatal overdoses that are prevented, the naloxone is administered by someone who is with the user while they are using. In the first few months of naloxone distribution, there were 8 confirmed reversals of a potentially fatal overdose in Cedar Rapids alone using the free naloxone kits.

We also work in partnership with Johnson County Public Health (JCPH) and Linn County Public Health (LCPH). We offer free HIV and Hepatitis C testing using HIV/HCV rapid testing kits provided by public health grants and have JCPH/LCPH staff train our volunteers in using the kits in the community. Both health departments also provide us with materials for safer drug injection. We help people who want to stop using drugs find treatment programs and refer them for help with housing. In addition we distribute condoms to promote safe sex.

We collect data in the field that allows us to inform the health departments how their supplies are being used (number of folks we reach and their demographic information). We are also starting to collaborate with JCPH on their community health needs assessment health improvement plan, as a number of the county's health goals overlap with our programming, including providing overdose prevention education and distributing free naloxone in the community.

We have begun to expand to Des Moines and are working with groups in the Quad Cities. We are also currently working on clarifying legislation around syringe service programs. These are essentially needle exchanges. We would collect and safely dispose of used syringes and exchange them for clean ones. This prevents the transmission of HIV and Hepatitis C. There are between 35,000 and 137,000 cases in the state. Hepatitis C is a growing public health crisis, with a 182% increase in annual diagnoses in Iowa, that costs the state millions in health care costs annually. It also ensures a safer working environment for first responders and police officers, who are at high risk of being stuck by a dirty needle. It also keeps dirty sharps off the street. Just as important, research shows that people who use injection drugs that participate in a syringe exchange program are five times more likely to seek treatment than those who do not.

For those who are interested in the legislative piece of this: In order to implement the syringe service program we will need to see some legislative action. Currently, there is no law that EXPLICITLY says we can't have a syringe exchange program (it has just never come up in our legislature). But, it is in fact illegal because of our current drug paraphernalia code:

"Section 1. Section 124.414, subsection 1, paragraph b, Code 2017

b. 'drug paraphernalia' does not include hypodermic needles or syringes if manufactured, delivered, sold, or possessed for a lawful purpose."

There has been no provision to say that manufacturing, delivering, selling, or possessing needles in syringe program is a "lawful purpose" yet, therefore syringe exchange is illegal in the state of Iowa because of our drug paraphernalia language. So the bill language we are proposing is an amendment added on to the drug paraphernalia code above: "'lawful purpose' includes hypodermic needles or syringes delivered, sold, or possessed through an approved needle exchange program established pursuant to rules adopted by the department of public health."

Chris Buresh, MD, MPH, FAAP, FACEP
Professor, Emergency Medicine
Assistant Residency Director

Director, International Emergency Medicine Fellowship
Medical Director, Keokuk County Ambulance Service
Medical Director, Iowa Harm Reduction Coalition
University of Iowa
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Iowa ACEP Members in the News:

Genesis Health System EM Physician and Iowa ACEP President-Elect, Dr. Kathryn Dierks, received a community service award for her tireless work and support of a local animal shelter. The Kings Harvest Pet Rescue in Davenport, Iowa showed their appreciation for Dr. Dierks by nominating her for the Pay It Forward award. The award, presented by WQAD News 8 and Ascentra Credit Union, is meant to highlight “uplifting stories . . . of what happens when someone steps up, at just the right time, to help make someone else’s life easier.” Dr. Dierks was nominated for the award by Kings Harvest Director Terri Gleize.

Dr. Dierks was caught by surprise when Gleize asked her to come help feed kittens on August 8. Rather than being greeted by all of her feline friends that morning, she was greeted by the WQAD news crew and cameras. She was presented with her award, along with the \$300.00 prize, by Gleize, who stated, “I wanted to pay it forward because you are my hero.” She added, “[Dr. Dierks] saves lives, people’s lives, and she saves animal lives.” For her part, Dr. Dierks immediately directed her praise toward Kings Harvest: “I think it’s making a huge difference with all these precious little souls. They’d be completely helpless if it wasn’t for this shelter.” Naturally, Dr. Dierks immediately deposited the \$300.00 into the shelter’s donation box.

In addition to her personal donations to Kings Harvest, Dr. Dierks also takes part in several fundraising efforts. An avid marathon runner, Dr. Dierks is planning a special fundraiser in connection with her plans to run in the upcoming Chicago Marathon at [this website](#).

She is also selling running T-shirts with her logo, with all proceeds to be donated to the shelter at [this website](#).

Congratulations to Dr. Dierks for receiving this award. Iowa ACEP is fortunate and proud to have you as such a positive representative.

Contributing information for this story taken from [this website](#).

UIHC 2017 Emergency Medicine Graduating Residents – Where Are They Going?

Iowa ACEP congratulates the 2017 Emergency Medicine Residency Graduates from UIHC and notes where each will be practicing:

Nicholas Edwards - Dubuque Emergency Physicians, Mercy Hospital, Dubuque, IA

Shannon Findlay - University of Iowa Global Health Fellowship

Jeff Messerly - Dubuque Emergency Physicians, Mercy Hospital, Dubuque, IA

Brooks Obr - University of Iowa Medical Education Fellowship

Chris Peterson - ECC, Minneapolis, MN

Nick Philpot - Unity Point Health – Trinity, Rock Island, IL

Christie Scott - ECC, Minneapolis, MN

Andrew Stoltze - Wisconsin Emergency Medicine Associates, Wausau, WI

Emergency Medicine Graduating Education Fellow

Emilie Fowlkes - University of Iowa Faculty

MEMBER'S NEWS

Email Contact:

The majority of communication from Iowa ACEP is through email. This is more efficient, timely and saves the Chapter money on postage costs. If you change your email address or if you do not receive information from Iowa ACEP, please send your email address

to: ia.chapter@acep.org

Iowa ACEP Membership:

As of July 31, 2017, Iowa ACEP has 337 members, which includes physician members and medical student members from the University of Iowa and Des Moines University.

With 300 or more members on December 31 2016, Iowa ACEP is eligible for four (4) Councilors at the 2017 ACEP Council Meeting in Washington D.C.

ACEP Group Billing and Recognition:

ACEP has a special program that provides valuable benefits for members. Details about group billing, joining the ACEP 100% Club, and special recognitions are available on the ACEP website. [Click here](#) for information on eligibility requirements, FAQ's, and participation forms.

Iowa ACEP Webpage:

Check out the [Iowa ACEP webpage](#). We would like your feedback on ways to improve service to our membership.

Iowa ACEP Mission Statement

Iowa Chapter of ACEP is committed to quality emergency care for all patients and to represent and promote the specialty of Emergency Medicine

IOWA CHAPTER ACEP, AMERICAN COLLEGE OF EMERGENCY PHYSICIANS

BOARD OF DIRECTORS 2016-2017

PRESIDENT – Ryan Dowden, MD, FACEP, Cedar Rapids

PRESIDENT-ELECT – Kathryn Dierks, DO, FACEP, Davenport

SECRETARY – Hijinio Carreon, DO, FACEP, Des Moines

TREASURER – Stacey Marlowe, MD, JD, Robins

DIRECTORS-AT-LARGE –

Nicholas Kluesner, MD, Des Moines

Jacqueline Kitchen, MD, Iowa City

IMMEDIATE PAST PRESIDENT / COUNCILLOR

Rachael Sokol, DO, FACEP, FACOEP, Johnston

ELECTED COUNCILORS -

Andrew Nugent, MD, FACEP, Iowa City

Christopher Buresh, MD, FACEP, Iowa City

Kathryn Dierks, DO, FACEP, Davenport

ALTERNATE COUNCILORS –

Stacey Marlowe, MD, JD, Robins;

Ryan Dowden, MD, FACEP, Cedar Rapids

Sarah Hoper, MD, JD, FACEP, Cedar Rapids

Nadia Juneja, MD

UIHC EM RESIDENT REPRESENTATIVE – Alecia Gende, DO

DMU STUDENT REPRESENTATIVE – Elizabeth Kleiner

UICCM STUDENT REPRESENTATIVE – Morgan Bobb

EXECUTIVE DIRECTOR - Margo Grimm
CHAPTER OFFICE / MAILING ADDRESS

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ACEP assists DMAT teams as they prepare to respond to Hurricane Harvey

Rick Murray, EMT-P

Director, Dept of EMS and Disaster Preparedness

ACEP was pleased to furnish classroom space over the weekend of August 26 to DMAT teams from several states that were staged before they deployed. MN Chapter Executive Shari Augustine, who is a member of the MN DMAT, contacted ACEP staff to inquire of the possibility of using the ACEP Board Room for training for the various teams. Space was provided for training for over 240 members for DMAT teams and U. S. Public Health Service personnel. This provided them the opportunity to receive some last-minute training and briefings before they deployed to various areas of the Texas coast that were impacted by Hurricane Harvey.





ACEP has a lot of [resources for the public](#) about preparing for and surviving disasters and they are being promoted to general public audiences.

Also, here are some [general talking points](#) about responding to disasters. They can help in talking with the news media.

National Disaster and Life Support Foundation

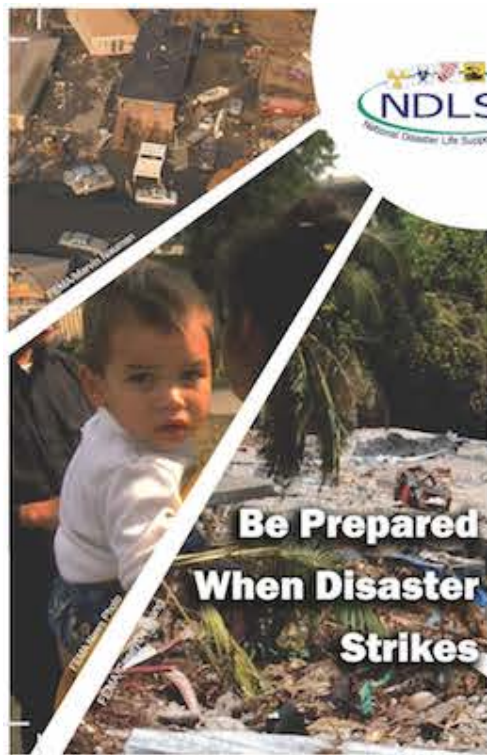
The National Disaster Life Support Foundation is very pleased to have partnered with the American College of Emergency Physicians (ACEP) to provide disaster medicine training and to further develop the NDLS education materials.

The NDLS program began in the late 1990's with a realization that there was a lack of standardized training for medical and nursing providers who may be responding to disasters. Individuals were medically trained within their specialty to the same National Standard, however disaster specific education was not included in the majority of medical and nursing curricula. Examples of the missing material included:

- Scene safety
- Standardized triage methodology
- Incident Management
- Identifying and requesting needed resources
- What constitutes a disaster
- Public Health impact of disasters

The NDLSF established an affiliated membership-based organization for the purpose of overseeing the development and revision of the curriculum. This organization is the National Disaster Life Support Education Consortium (NDLSEC).

The NDLSEC Annual Meeting will be held in conjunction with ACEP's 2017 Annual Scientific Assembly in Washington, D.C., October 29 – November 1, 2017.






NDLSF
National Disaster Life Support Foundation

**National Disaster Life Support™
Foundation** & **The American College of
Emergency Physicians**

American College of
Emergency Physicians®
ADVANCING EMERGENCY CARE

*Collaborating to offer programs that
provide essential training for strengthening
healthcare preparedness and response.*

- Core Disaster Life Support® (CDLS®) 
- Basic Disaster Life Support™ (BDLS®) 
- Advanced Disaster Life Support™ (ADLS®) 

For more information - www.ndlsf.org
email us: info@ndlsf.org

White Coat Day on Capitol Hill at ACEP17

Decisions made by Congress influence the practice and the future of emergency medicine on a daily basis. Join your emergency physician colleagues in Washington, DC on November 1 and spread the word to legislators and their staff about the critical role of emergency physicians in our nation's health care delivery system. White Coat Day participants will be asked to attend a special advocacy training session prior to heading to Capitol Hill. Transportation will be provided and all participants will receive a customized schedule and materials to share in the meetings.

There is no fee to participate but advanced registration is required. Participants can sign-up as with their ACEP17 registration or may sign-up separately if not registered for ACEP17. Go to [White Coat Day](#) for more information or contact [Jeanne Slade](#) in the ACEP DC Office.

Register for White Coat Day at ACEP17!

DON'T MISS THE OPPORTUNITY TO VISIT CAPITOL HILL WITH YOUR EM COLLEAGUES WHILE IN WASHINGTON, DC



Spread the word about the critical role of emergency physicians in the health care delivery system

ACEP staff will schedule your visits in advance. Participants will receive advocacy training prior to the visits. Transport to and from Capitol Hill is provided. Please bring your white coat!

Advanced registration is required. Participants can sign-up with ACEP17 registration or may register separately if not attending ACEP17.

WWW.ACEP.ORG/ACEP17/HILLDAY

ACEP17 Wellness Activities and Resource Center Giveaways

Wellness & ACEP Resource Center

Sunday, October 29 - Tuesday, October 31

Location: Exhibit Hall

Stop by the wellness center in the ACEP Resource Center of the exhibit hall and discover tips from the experts to improve your well being daily. [View full list of activities and schedule.](#)

Product Giveaways

Held daily in the Resource Center

Sunday –PEER

PEER one-year membership

PEER Print Companion

Monday – CDEM

Trauma special edition

2- year print

One-year Residency Education Portal

Tuesday – ACEP eCME

My Residency Learning Portal

Trauma, Stroke, Cardiovascular bundle

Procedures and skills course

Featured guest on ACEP Frontline

Articles of Interest in *Annals of Emergency Medicine*

Sandy Schneider, MD, FACEP

ACEP Associate Executive Director, Practice, Policy and Academic Affairs

ACEP would like to provide you with very brief synopses of the latest articles in *Annals of Emergency Medicine*. Some of these have not appeared in print. These synopses are not meant to be thorough analyses of the articles, simply brief introductions. Before incorporating into your practice, you should read the entire articles and interpret them for your specific patient population. [Read More](#)

No Emergency Department is Immune from Violence

But you can be better prepared and reduce the risk of harm to your patients, your staff, and yourself. You can implement security measures, changes in your processes and policies, education and training, and attention to design details. Learn how with these new free resources from ACEP, all in one place, easy to find -- [Violence in the Emergency Department: Resources for a Safer Workplace](#)

Welcome New Members

Alex F Colgan, MD
Zachary N Illg
Kyle S Jaschen
Osvaldo L Martinez
Rebecca A O'Neill
Stephen Gregory Pape, MD
Alexander R Payvandi
Zachary D Rasmussen
Marshall G Sheide, OMS-IV
Noe D Soriano
Evan Toyooka

Iowa Chapter ACEP

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