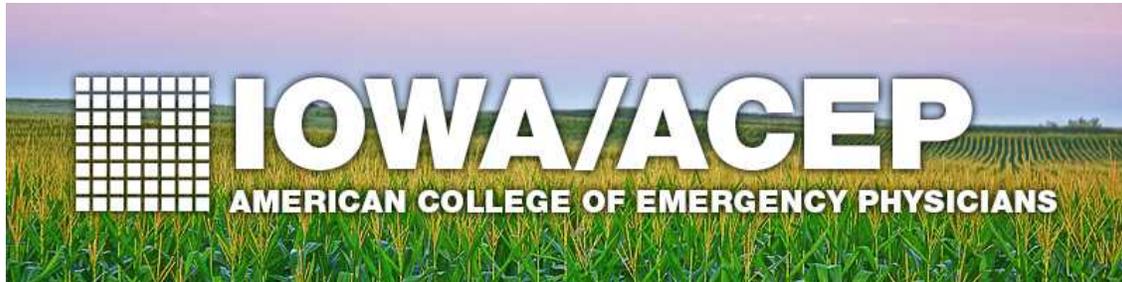


A Newsletter for the Members of the Iowa Chapter

Fall 2017



Ryan Dowden, MD, FACEP, President

[Margo Grimm, RN](#), Executive Director

Phone: 319.236.2319

Fax: 319.236.3644

From the President Ryan Dowden, MD, FACEP

I hope that all of you are winding down 2017 in a good way and looking forward to a happy and fruitful 2018.

It was great to connect with many of you at ACEP17 in Washington DC. For those not present, our annual Iowa reception was a great success with nearly 50 of our members in attendance.

Below is a photo of me darkening Iowa on the map during the ACEP Council Meeting. I hope that next year all of you Cyclone fans use this as motivation to come to ACEP18 in San Diego and use different colors! I had the opportunity to do this as the entire Iowa Councillor and Alternate Councillor Delegation contributed to the Emergency Medicine Foundation in 2017. I

am happy to report that Iowa was also shaded on the same map for NEMPAC.

I think that most of you know the great work that NEMPAC does for all of us and the patients that we serve. Less is known about the Emergency Medicine Foundation, or EMF, which is just as valuable to us.

EMF is a 501c3 corporation that was established in 1972 and has awarded \$16 million in grants to Emergency Medicine researchers through the years. Currently, EMF grants approximately \$500,000 yearly to physician scientists. The goal of the Foundation is *to be the principal sponsor of scientifically rigorous research and education that improve the care of the acutely ill and injured*. Iowa ACEP is honored also that our own Dr. Hans House is the current Chair of the EMF Board of Trustees.

Current grantees are working on projects that range from application of basic sciences to patient care in the Emergency Department to broad ranging projects on health policy.

I encourage each of you to take some time to check out the [EMF website](#) and consider giving to EMF now, or with your ACEP renewal this year. As EMF says, *“Your gift today ensures the future of emergency medicine tomorrow.”*



Dr. Koerner – Iowa ACEP Distinguished Service Award

Theodore Koerner, MD, FACEP was the recipient of the first “Iowa ACEP Distinguished Service Award”. For many years, Dr. Koerner provided funding for medical student memberships. Thank you to Dr. Koerner for his dedication to our medical student members.



ACEP 2017 Council Meeting Report from Andy Nugent, MD, FACEP

On October 26, 2017 the ACEP Council was formally called into session for another year of debate and spirited discussion about the future direction of our professional society. For those of you who have not attended in the past, or for that matter, have not even heard of the existence of the Council, it represents approximately 410 Councilors from the various state chapters of ACEP and Government Services, its sections of membership such as Women in Emergency Medicine, Toxicology, etc. as well as AACEM, CORD, EMRA and SAEM. The Council meets each year to vote on the various policy leanings of ACEP, providing direction for the Board of Directors as they represent our society in the coming year. I have truly been honored to be a part of this process for the last decade, as not only does it not give one

incredible insight into the machinery of a large political group, it's also a lot of fun and you meet a lot of great people.

Joining me this year as your elected councillors were Chris Buresh, Rachel Sokol and Ryan Dowden. We also had a couple of great alternate councillors in Nadia Juneja and Sarah Hoper. Of course, the highlight of our trip was the passage of Dr. Hoper's resolution during the full council session, adding some important heft to the push for family leave rights. There were many other topics for discussion, some of the more important "yes" votes by the Council included language on workplace violence, support for supervised injection facilities, and guidelines for opioid prescribing. Some of the more important "no" votes included rejection of a standardized residency scholarly activity, and of course, rejection of multiple resolutions on the benefits of marijuana use (but Dr. Bedard is making some progress!).

Iowa ACEP presented a memorial resolution for Paul Berger, Jr., MD, FACEP who died on August 19, 2017 in Sioux Falls SD after a 10-year battle with colorectal cancer. Dr. Berger was an active member of Iowa ACEP, serving on the Iowa ACEP Board and as Councillor for many years.

The Council also votes on leadership for ACEP each year. Sadly, our own Hans House was not elected the next President of ACEP, an office won by Dr John Rogers of Georgia. (John IS an Iowa grad, so it's the next best thing!). The Board of Directors did get a shot of youth and diversity, as the Council elected Alison Haddock and Aisha Liferidge to their first terms, while returning Stephen Anderson and Jon Mark Hirshon to the Board for their second go around. Congratulations to those winning their elections and a special thanks to those that ran and did not win - you are fantastic individuals who represent the best of our specialty!

In closing, I would just like to encourage any of our chapter membership who are interested in getting more involved in ACEP to think about service on the Council. It is an incredible change of pace from the day to day life of emergency medicine, and really is an important and needed function. Feel free to contact me directly if you would like more information!



Paul Berger, Jr., MD, FACEP
Iowa Chapter





Iowa ACEP Reception – October 29, 2017 – Washington DC

Iowa ACEP, in conjunction with the Emergency Medicine Residency Program at the University of Iowa, hosted a reception during ACEP17 in Washington DC on Sunday evening, October 29. Over 60 UI EM residency program faculty, residents, and alumni, Iowa ACEP members, guests, and other ACEP attendees were present. Iowa ACEP greatly appreciates the donations from the University of Iowa Foundation, UnityPoint Allen Hospital, Waterloo and East Central Iowa Acute Care for their generous contributions towards this reception.





White Coat Day during ACEP17 in Washington DC

During ACEP17 in Washington DC, ACEP organized a “White Coat Day” for ACEP members to meet with their congressional delegation. Several Iowa ACEP members participated in this on Wednesday, November 1, 2017. The below photo is from their meeting with Senator Charles Grassley.



University of Iowa Carver College of Medicine – Emergency Medicine Interest Group

During the past year, the University of Iowa Emergency Medicine Interest Group (EMIG) has shared many EM skills and opportunities with Iowa medical students. This year, the EMIG received a grant from the Society for Academic Emergency Medicine to begin a Basic Life Support training program for Iowa medical students. Mark Moubarek, MS-III, and Gabe Lancaster, MS-III, led the effort to train six EMIG members as BLS Instructors and certify 110 medical students to perform CPR. Additionally, we have hosted airway and splinting procedure nights led by EM residents and faculty, as well as seminars by Hans House, MD; Matthew Negaard, MD, PGY-II; and Michael Takacs, MD. The EMIG continues to volunteer at the Kinnick First Aid Station, an opportunity organized by Azeem Ahmed, MD, MBA, and various on-campus STEM events.

We thank the Iowa ACEP Chapter for their continued support of our group, and look forward to another exciting year!

Des Moines University – Emergency Medicine Interest Group

**Elizabeth Anne Kleiner | OMS-II
College of Osteopathic Medicine | Class of 2020
President | Emergency Medicine Interest Group**

This month we have our ambulance ride-alongs starting up! We have coordinated with Urbandale and West Des Moines ambulance services to allow our members to observe a shift. This allows aspiring emergency physicians to see what events lead up to the patient arriving in the emergency room. This opportunity is always a popular and fun occasion.

In our upcoming journal club, we'll be discussing the recent *Annals of Emergency Medicine* article "The Bougie and First-Pass Success in the Emergency Department." We have Emergency Medicine physician and DMU alumnus Dr. Chase Deobald coming to provide real-world insight in current intubation practices in the ED and demonstrate intubating with and without a bougie on an intubation mannequin. We will also talk about the use of glidescopes in intubation.

Other events we have had over the semester are a skills workshop, which featured chest tube, intubation and needle/surgical cricothyrotomy. We have also had Dr. Nick Kluesner give the

“Halloween Gore Show” talk and Dr. Thomas Benzoni address physician burnout. Looking forward to more this semester and next! Thank you!

Iowa ACEP Membership Report

As of November 30, 2017, Iowa ACEP has 250 members, which includes physician members and medical student members from the University of Iowa and Des Moines University. All medical student memberships are automatically purged on September 30 each year. Medical students are encouraged to renew their membership as soon as possible.

Iowa ACEP needs 300 or more members on December 31, 2017, to remain eligible for four (4) Councilors at the 2018 ACEP Council Meeting in San Diego.

Please encourage any eligible physicians in your group to consider joining ACEP.

Iowa ACEP Mission Statement

Iowa Chapter of ACEP is committed to quality emergency care for all patients and to represent and promote the specialty of Emergency Medicine

IOWA CHAPTER ACEP, AMERICAN COLLEGE OF EMERGENCY PHYSICIANS

BOARD OF DIRECTORS 2017-2018

PRESIDENT – Ryan Dowden, MD, FACEP, Cedar Rapids

PRESIDENT-ELECT – Kathryn Dierks, DO, FACEP, Davenport

SECRETARY – Hijinio Carreon, DO, FACEP, Des Moines

TREASURER – Stacey Marlowe, MD, JD, Robins

DIRECTORS-AT-LARGE –

Nicholas Kluesner, MD, Des Moines

Jacqueline Kitchen, MD, Iowa City

IMMEDIATE PAST PRESIDENT / COUNCILLOR

Rachael Sokol, DO, FACEP, FACOEP, Johnston

ELECTED COUNCILORS -

Andrew Nugent, MD, FACEP, Iowa City

Christopher Buresh, MD, FACEP, Iowa City

Kathryn Dierks, DO, FACEP, Davenport

ALTERNATE COUNCILORS –

Stacey Marlowe, MD, JD, Robins;

Ryan Dowden, MD, FACEP, Cedar Rapids

Sarah Hoper, MD, JD, FACEP, Cedar Rapids

Nadia Juneja, MD

UIHC EM RESIDENT REPRESENTATIVE – Alecia Gende, DO

DMU STUDENT REPRESENTATIVE – Elizabeth Kleiner

UICCM STUDENT REPRESENTATIVE – Morgan Bobb

EXECUTIVE DIRECTOR – Margo Grimm, RN

CHAPTER OFFICE / MAILING ADDRESS

P.O. BOX 1408

Waterloo, IA 50704

Phone: 319/236-2319

FAX: 319/236-364

State Legislative Issues for 2018
by Harry J. Monroe, Jr.
ACEP Director, Chapter and State Relations

Two years after the nearly miraculous successful retreat by the British army from Dunkirk, Prime Minister Winston Churchill remarked on the first actual British victory of the war by declaring, “Now this is not the end. It is not even the beginning of the end. But it is, perhaps, the end of the beginning.”

We may be at a similar point in our legislative battles over balance billing and out of network reimbursement. In many states, policymakers that have been considering the issue for multiple sessions will look to address the issue once and for all. Thus, it will be important that we stand ready to engage an issue that continues to pose a threat to our specialty and most importantly, access to care for our patients. Certainly, we want to be paid fairly, but we also want to focus on making sure that insurer practices are not causing patients to delay receiving emergency care out of uncertainty as to what the insurer will pay.

ACEP has developed, and is continuing to refine, resources to help states engaging this issue. On [our website](#) you will find numerous documents that will be of help in working on this issue, including talking points, copies of written testimony produced in a number of states, information

on why Medicare is not a sound benchmark for determining reimbursement, and many other materials. I would encourage you to take a look.

Additionally, we have worked hard over the last two years to build relationships with other specialty societies and the AMA, based on shared consensus principles and solutions documents that are included on the website, that have helped us collaborate on these issues. In most states that we have engaged, the national collaboration has helped with building alliances at the state level, with the result that the house of medicine has been largely united in our response to legislation. In addition to fighting off bad legislation, we have looked for opportunities to promote positive legislation on the issue, and model legislation has been developed to that end. In addition, to our collaboration with other specialties, another outside organization, Physicians for Fair Coverage, has been formed and has helped to provide and coordinate resources in this fight.

At the time of this writing, we are also working on developing regional teams of experts that can help provide assistance in terms of legislative interpretation, understanding financial impacts, and advocacy. These should be in place by the time 2018 sessions begin.

We believe that as many as 25 states will see significant efforts by legislatures to address balance billing and out of network legislation this year. If you are facing it in your state, reach out to me [via email](#) or at 972-550-0911, ext. 3204.

In addition to balance billing and out of network issues, there will be many other important issues to address in the coming year. The prudent layperson standard remains under attack in many places by both Medicaid and commercial payers. The opioid epidemic continues to be a critical public policy concern. Of course, what the federal government does about health care, and how that filters down to the state level, promises to require our attention. This will be a busy year at the state house!



ACEP – You make 50 look good!

As we wind down 2017, we kick off a year-long celebration of ACEP's 50th anniversary starting January 2018. Plan to participate in social media campaigns that highlight the highs, lows and life-changing moments in EM. Get hyped for a historical timeline following the history of our specialty as well as anniversary-themed podcasts. Watch for anniversary editions of ACEP Now and Medicine's Frontline in addition to proclamations from members of Congress and sister medical societies. Don't forget to order copy of our commemorative coffee table book featuring the breath-taking photographs that capture a day in the life of emergency physicians collected by famed photographer Eugene Richards. [Book tickets now to ACEP18](#) and our blow-out anniversary celebration in San Diego featuring an interactive history museum showcasing the journey of emergency medicine from battlefield to inner city to rural America to every spot in between.

As we enter 2018, we begin the celebration of 50 years of life saving and boundary pushing. Are you on call for 50 more?

Show Your Commitment to High Standards for Clinical Ultrasound

You have the highest standards when it comes to your clinical ultrasound program. Show that commitment to your patients, your hospital, and your payers with ACEP's Clinical Ultrasound Accreditation Program (CUAP). ACEP's [CUAP](#) is the only accreditation program specifically for the bedside, clinician-performed and interpreted ultrasound. Now also available - accreditation for non-ED clinical settings, including freestanding EDs, urgent care centers and clinics. [Apply Today!](#)

Ensure safety and efficacy of patient care
Meet ACEP's high standards for point-of-care delivery
Use your own policies or draw from expert-reviewed sample documents

Geriatric Emergency Department Accreditation Program

ACEP is gearing up to accredit geriatric emergency departments. The [Geriatric Emergency Department Accreditation Program](#) will be accepting applications after the first of the year. There will be 3 levels of accreditation ranging from a minimal commitment to better elder care to a comprehensive well-rounded robust program. Accreditation shows your patients, your institution and your payers that your ED is ready to provide care to seniors and is a quality program that meets the high standards of the American College of Emergency Physicians. [Find out more](#).

Articles of Interest in *Annals of Emergency Medicine*

Sandy Schneider, MD, FACEP

ACEP Associate Executive Director, Practice, Policy and Academic Affairs

ACEP would like to provide you with very brief synopses of the latest articles in *Annals of Emergency Medicine*. Some of these have not appeared in print. These synopses are not meant to be thorough analyses of the articles, simply brief introductions. Before incorporating into your practice, you should read the entire articles and interpret them for your specific patient population. [Read More](#)

Policy Statements and PREPs Approved by the ACEP Board

The following policy statements and PREPs were approved by the ACEP Board of Directors at their October 2017 meeting.

Policy Statements

[Medical Transport Advertising, Marketing, and Brokering](#) – revised

[Clinical Emergency Data Registry Quality Measures](#) – new

[Mechanical Ventilation](#) – new

[Hospital Disaster Physician Privileging](#) – revised

[Unsolicited Medical Personnel Volunteering at Disaster Scenes](#) – revised

[Sub-dissociative Dose Ketamine for Analgesia](#) – new

Writing Admission and Transition Orders – revised

[The Clinical Practice of Emergency Medical Services Medicine](#) – new

[The Role of the Physician Medical Director in EMS Leadership](#) – new

[State Medical Board Peer Review](#) – new

Pediatric Medication Safety in the Emergency Department – new

[Distracted and Impaired Driving](#) – revised

PREPs

Sub-dissociative Dose Ketamine - new

Writing Admission and Transition Orders – new

Welcome New Members

Wyatt A Chicoine

Anna Frishman

William B Guthmiller

Jacob A Gianuzzi

Muhammad A Baig, DO

Zachary He

Pooja Gottumukkala

Hanna Barrett

Megan Elsenheimer

Iowa Chapter ACEP

P. O. Box 1408, Waterloo, IA 50704

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